

# ॥ taittirīyopaniṣat ॥

ṛtiyā bhṛguvallī

om saha nāvavatu | saha nau bhunaktu | saha vīryam karavāvahai |  
tejasvināvadhītamastu mā vidviṣāvahai | om śāntiḥ śāntiḥ śāntiḥ ||

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सह नाववतु ।	saha nāvavatu
सह नौ भुनक्तु ।	saha nau bhunaktu
सह वीर्यं करवावहै ।	saha vīryam karavāvahai
तेजस्वि नावधीतमस्तु ।	tejasvi nāvadhītamastu
मा विद्विषावहै ॥	mā vidviṣāvahai
ॐ शान्तिः शान्तिः शान्तिः ॥	om śāntiḥ śāntiḥ śāntiḥ

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saha: together nau: us avatu: may be protected  
saha: together nau: us bhunaktu: may be nourished  
saha: together vīryam: energy, strength karavāvahai: work  
tejasvi: brilliant, effective nau: us adhītam: study astu: let be  
mā: not vidviṣāvahai: hate or dispute

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May both of us together be protected.  
May both of us together be nourished.  
May we work together with great energy.  
May our study together be brilliant and effective.  
May we not hate or dispute with each other.  
Om, Peace, Peace, Peace.

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*Santi Path of Yajur Veda  
Taittirīyopaniṣad*

*Puissions - nous tous les deux être protégés ensemble  
" " " être nourris "  
" " travailler ensemble avec une exelle énergie  
Puisse notre étude conjointe être lumineuse et efficace  
Puisse que nous ne nous haïssions pas, ni ne nous disputions  
Aum - paix - paix - paix .*